

# Favorite Food Show – Score Card

Name \_\_\_\_\_ Club \_\_\_\_\_

Favorite Food \_\_\_\_\_

4-H Age: \_\_\_\_\_ Class # \_\_\_\_\_

	Excellent	Good	Needs Improvement
<p><b>The Exhibitor</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Understand preparation of the favorite food</li> <li><input type="checkbox"/> Knows why favorite food contributes to good health</li> <li><input type="checkbox"/> Personal appearance – neat, well groomed, dressed appropriately</li> <li><input type="checkbox"/> For serving meal or snack</li> </ul>			
<p><b>The Favorite Food</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Appearance</li> <li><input type="checkbox"/> Flavor</li> <li><input type="checkbox"/> Quality</li> </ul>			
<p><b>What to Serve with Favorite Food (Menu)</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Suitable for occasion</li> <li><input type="checkbox"/> Suitable for favorite food</li> <li><input type="checkbox"/> Balance in colors</li> <li><input type="checkbox"/> Balance in textures</li> </ul>			
<p><b>The Table Setting</b> (One place setting)</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Appropriate for food to be served</li> <li><input type="checkbox"/> Attractive – color scheme, dishes, food, table, linen</li> </ul>			

**Excellent** – Well Done

**Good** – Some improvement needed

**Needs Improvement** – Consult your leader

**COMMENTS:**

# FAVORITE FOOD SHOW

The **4-H FAVORITE FOOD SHOW** is scheduled for **Saturday, February 26th from 9 am to 12 pm during District Club Days. Entries due Friday, February 18th by 4:30 pm. PLEASE BE PROMPT!**

- a. This food item **does not** sell in food or livestock sale.
- b. This food item **does not** count as one of your Food & Nutrition entries.
- c. Grand & Reserve Champion Awards, along with traditional Fair Ribbons.

## What is a FAVORITE FOOD SHOW?

It is an opportunity for youth to exhibit food items they have learned to prepare as a part of the 4-H Foods & Nutrition Project. Youth can also use creative talents as they plan the table setting and menu. Youth will get to share the how and why this food makes a difference to them. Favorite Food Exhibits should follow a theme to highlight the dish of choice. All decorations, table settings, and menu items must compliment this theme. (Ex. Paris themed for favorite food dish of crepes)

The **4-H FAVORITE FOOD SHOW** is for everyone enrolled in a foods and nutrition project. Show your friends, parents, and others what a good cook you.

**Please note item 7. The judge should be able to view the complete item that is made, not just a portion.**

## TO EXHIBIT AT THE FAVORITE FOOD SHOW:

1. You must be enrolled in 4-H and a Foods Project to take part in this event.
2. You will be divided into Jr., Int., & Sr. Levels by your 4-H age (as of January 1, 2021)
3. You may exhibit only one entry. **PLEASE NOTE THAT YOUR RECIPE IS TO BE INCLUDED WITH ENTRY CARD.**
4. Be able to set a table by yourself with appropriate dishes, silverware, placemat or tablecloth and napkin. You will be responsible for providing the table setting you will use with your display. Please include a centerpiece (**optional**) that follows your theme. You will have a space equal to a card table.
5. On the date of the Favorite Food Show you will meet with a judge for consultation judging on the food item you prepared. Be sure you know how you prepared the product as well as the nutritional aspect of the item. Bring the recipe on an 8 x 11 sheet to display on your table. You will also need to prepare a menu that will compliment your favorite food exhibit. Also display menu on an 8 x 11 sheet on your table. You can use something like a picture frame or recipe holder or small easel to display these. *Helpful Hint: Know some Nutrition Facts to impress judge!*
6. **Each 4-Her must set their table without assistance.**
7. Please note an item that is important. **A FULL item must be presented to the judge.** Such as soup or casserole, one whole dish, one whole cake, one loaf of bread, 5 muffins, 5 biscuits, 5 rolls, 5 cookies, 1 pint of a snack mix, 1 whole pie, 5 pieces of fruit leather, one pint jar of a preserve or spread.
8. **Remember Food Serving Safety** - it is important to keep hot foods hot and cold foods cold. There will **NOT** be access to kitchen or fridge while at Club Days. Please plan accordingly when bringing items to exhibit. The judges have made a note that some of their samples may not have been at proper serving temperature for the type of food.
9. **Please pickup Entry Cards with Extension Staff at Club Days.**
10. **Grand Champions** will display their table setting during the Gove County Fair. Exhibits must be placed in booth by Monday, July 18<sup>th</sup>, 7 p.m. Extension Staff will place the champion rosette on display that evening.

**CLASS 02** Jr. Favorite Food  
**CLASS 03** Int. Favorite Food  
**CLASS 04** Sr. Favorite Food